

Schoharie Community Pool Recreation and Swim Program Summer 2016

{"Schoharic Central School District has been asked to distribute this flyer in an attempt to make the community aware of this event. The district is not promoting or sponsoring this event." --- SCS Supt.'s Office}

Swim Hours and Programs

Swimming Instruction M – F, 7:30 am - 11:30 am (see course offerings below)

Guard Swim M – F, 11:30am – 12:00pm

Lap Swim M – F, 12:00 pm - 1:00 pm (must be 15 yrs. or older)

Open Swim 1:00 pm - 5:00 pm, 7 Days a week

Swim Team M - F, 5:30 pm - 6:30 pm (registration fee of \$20/swimmer or

\$40/family) First meeting on June 29th. First practice on July 5th.

Parent Tot Swim T & TH, 5:30 pm - 5:55 pm (July 5th - Aug. 4th, 10 classes) pre-K

water adjustment class that teaches the child and the parent (parents

get wet too!) - See course offerings (below)

Splash Aerobics M, T, & TH, 6:30pm – 7 pm (Through Aug 11th)- \$15 per 2 week

block /\$5 per one day trial

Private Lessons M, W & F, 11:30am – 12:00pm (\$15 per 45 min. / \$10 per ½ hour)

M, T & TH, 5 pm -5:45 pm (\$15 per 45 min. / \$10 per ½ hour)

Saturday / Sunday - 12 p.m. - 1 p.m.

Family Swim M - F, 7:00 pm - 8:00 pm (Beginning July 5th)

Course Offerings (Mon. - Fri.)

Parent/Tot 5:30 pm - 5:55 pm (T & TH)

I: Beginner 10:30 - 11:00 am, 11:00 - 11:30 am

II: Advanced Beginner 10:30 - 11:00 am, 11:00 - 11:30 am

III: Stroke Development 9:00 - 9:45 am, 9:45 - 10:30 am

IV: Stroke Improvement 8:15 - 9:00 am, 9:00 am - 9:45 am

V: Stroke Refinement 8:15 - 9:00 am

VI: Fitness Swimmer 7:30 - 8:15 am

Private Lessons (Fill out 11:30 am – 12:00 pm (M, W & F)
 private lesson application & 5 pm - 5:45 pm (M, T & TH)

submit to Village Office) 12 p.m. - 1 p.m. (Saturday / Sunday)

Splash Aerobics
M, T, & TH 6:30 pm – 7 pm (Through August 11th)-

\$15 per 2 week block / \$5 per one day trial

"Come Swim With Us"

Schoharie Village Office – 295-8500 Pool phone 295-8163 (Pool phone on / after 6/29)

> Opening Day June 29, 2016

Session I Jul. 5 - Jul. 15

Session II Jul. 18 – Jul. 29

Session III Aug. 1 - Aug. 12



American Red Cross

Swim Lesson Fees and Registration

Cost: \$40.00 per 2-week session** (Those families unable to meet this cost should discuss matters with the Village Clerk at time of registration)

Return registration forms and payment to the Schoharie Village Clerk's Office before each session begins. (No applications will be accepted at the pool.)

Lesson blocks will be filled on a first come, first served basis. If the requested class becomes full, students may move to a different time or can be placed in the next session, you will be notified as soon as possible.

If you have any questions, please call the Village Office at 295-8500 or call the pool as of June 29th at 295-8163.

2016 - Schoharie Community Pool Registration ***All persons under age 18 must be registered by parent/guardian***

Name:		_ Date of Birth:		
(Last)	(First)			
Parent/Guardian:				
Phone number(s):				
Address:				
(Circle One): Town of Schohari			/	
Town of Esperance / Town of	Wright / Other (pleas	se list)		
If I cannot be reached in an emerge	ency, I authorize the po	ol to contact:		
Health Care Provider	Address	Phone	i.	
Preferred Hospital	Address	Phone	÷	
Dentist	Address	Phone	,	
If none of the above can be reached child to the nearest emergency room		• •	ist or take my	
Signature of Parent/Guardian		Date		
Relative's Name	Address	Phone	į	
Friend's Name	Address	Phone	,	
My child has the following condition	(s) which require speci	al handling in an emergency:		
			1	
			-	

Monday-Friday Swim Lesson Sign-up



	AGE	
Swimmer's Name		
	Telephone	
Mailing Address (please include town and zip code)		
Session preferred (please circle):	Please circle the municipality in which you live:	
Session I	Village of Schoharie	
July 5 July 15	Town of Schoharie	
Session II	Town of Esperance	
July 18 –July 29	Town of Wright	
Session III	Other:	
August 1 – August 12		
Please circle the desired course and time:	American Red Cross	
Parent / Tot Tues. – Thurs (July 5 th – Aug 4 th)	5:30 – 5:55 pm	
I: Beginner	10:30 – 11:00am, 11:00 – 11:30am	
II: Advanced Beginner	10:30 - 11:00am, 11:00 - 11:30am	
III: Stroke Development	9:00 - 9:45am, 9:45 - 10:30am	
IV: Stroke Improvement	8:15 – 9:00am, 9:00 – 9:45am	
V: Stroke Refinement	8:15 – 9:00am	
VI: Fitness Swimmer	7:30 – 8:15am	
Parents/Guardians/Adults Please Sign Below: I agree to assume any costs involved in the event of an ac Commission does not purchase this type of insurance. Name	Date	



Schoharie Community Pool



American Red Cross Lesson Description

Parent/Tot Instruction: Parents and children learn together through fun-filled instruction to increase children's comfort in the water and build a foundation of basic aquatic and water safety skills. The parent tot class introduces basic water skills, including entering and exiting the water in a safe manner, submerging mouth, nose, and eyes and exploring buoyancy on front and back positions.

Learn to Swim Courses

- Level 1: Introduction to Water Skills: Helps participants feel comfortable in the water through basic skill building such as blowing bubbles, using the stairs to enter and exit the water, bobbing, and floating with assistance.
- Level 2: Fundamental Aquatic Skills: Gives participants success with fundamental skills development such as floating by themselves, treading water, and learning to use combined arm and leg action while floating on their back and front.
- **Level 3: Stroke Development:** Builds on skills with practice in deeper water. Children will need to swim about 20 feet with touching or support. They will learn proper front crawl and elementary backstroke techniques as well as be able to tread water independently.
- **Level 4: Stroke Improvement:** Develops confidence and improves skills. Children will begin to learn how to dive from a standing position, swim underwater for an extended period of time. They will be introduced to the rest of the 6 strokes (backstroke, breaststroke, butterfly, sidestroke, and continue with front crawl, elementary backstroke).
- **Level 5: Stroke Refinement:** Provides further coordination and refinement of strokes. Children will perform shallow dives, flip turns for all strokes, and feet-first surface dives to retrieve an object from deep water.
- Level 6: Swimming and Skill Proficiency: Refines strokes so participants swim with ease. Level 6 at our facility features fitness swimmer which will help children get in shape for either the Water Safety Instructors course, or the Lifeguarding course.

The Wavemakers

RIDE THE WAVE

Beginning: Tuesday June 29th,2016 Pool: 295-8163 (After June 29th)

Coach: Lily Caza

Cost: \$20.00 per swimmer or \$40.00 per family

~ The goal of the Schoharie Recreation Commission Swim Team:

"The Wavemakers" is to introduce a swimmer to the techniques of competitive swimming strokes, develop strength, improve speed, and learn about and demonstrate positive sportsmanship. Note: This program is used to enhance the swimmers skills, **not to teach how to swim**. Swimmers are encouraged to take at least one session of swimming lessons.

- ~ Practice Schedule: The team meets from 5:30-6:30 pm Monday- Friday during the season.
- ~ Swimmers must be present and participate in at least 3 practices before he/she may participate in his/her first meet. Swimmers must be present and participate in at least 12 practices in order to compete in the county meet.
- Poor attitudes (arguing, swearing, "bad mouthing," and any other rude behavior) will not be tolerated. Swimmers will receive one verbal warning. At second occurrence the swimmer will not be allowed to participate in the remainder of the swim practice or meet.
- A parent, guardian, or other adult must be responsible for each swimmer at all meets.
- ~ Swimmers may compete in 3 events per meet unless otherwise stated on the meet announcement. Meet participation shall be determined by the swimmers age on the day of the meet. Swimmers choosing to "swim up" (into a higher age bracket) must do so for the entire meet.

Schoharie Village Office - 295-8500 / Pool phone 295-8163 (Pool phone on / after 6/29)

	2			
Cut Here				
Name	Phone			
Town	Date of Birth			
Parent/Guardian	Willing to help at meets?			
Emergency contact	Phone			
E-mail	Address:			

Want your <u>kids</u> to learn how to swim, but can't make it during the normal schedule?

Do you or any other <u>adults</u> want to learn or improve your skills?

The Schoharie Recreation Commission is offering <u>private</u> lessons!

If interested, please be sure to submit your application (attached on next page) as soon as possible. Time slots will be filled on a first come, first served basis. If you have any questions, please call the Schoharie Village Clerk at 295-8500. Schoharie Pool staff will also be available to answer questions at 295-8163 as of June 29th!

Course Offerings

I: Beginner

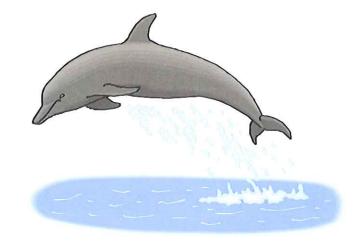
II. Advanced Beginner

III: Stroke Development

IV: Stroke Improvement

V: Stroke Refinement

VI. Fitness Swimmer



Time Slots:

M,W & F, 11:30 a.m. – 12:00 p.m.

M, T & TH, 5 p.m. - 5:45 p.m.

Saturday /Sunday -12 p.m. to 1 p.m.

Cost: (\$15 per 45 minutes / \$10 per ½ hour)

PRIVATE Swim Lesson Sign-up



	AGE	
Swimmer's Name		
	Telephone	
Mailing Address (please include town and zip code)		
Time Slots:	Please circle the municipality in which you live:	
M, W & F, 11:30 am – 12:00 pm	Village of Schoharie	
M, T & TH, 5 pm - 5:45 pm	Town of Schoharie Town of Esperance Town of Wright Other:	
Saturday / Sunday, 12 pm – 1 pm		
(\$15 per 45 minutes / \$10 per ½ hour)		
Please circle the desired course and note preferred dates & times: (Class times may vary depending on instructor availability and other classes being conducted. The pool director will call to confirm dates & times once the application is submitted and before instruction	American Red Cross	
commences.)	Want your <u>kids</u> to learn	
I: Beginner	how to swim, but can't	
II: Advanced Beginner	make it during the normal schedule?	
III: Stroke Development		
IV: Stroke Improvement	Do you or any other adults	
V: Stroke Refinement	want to learn or improve your skills?	
Adults/Parents/Guardians Please Sign Below: I agree to assume any costs involved in the event of an accident commission does not purchase this type of insurance.	dent or injury as the Schoharie Recreation	
	Date	

Please make checks payable to the *Schoharie Recreation Commission*Mail or bring with the registration form to:
Schoharie Village Office
P.O. Box 219, 300 Main St.
Schoharie, NY 12157

Please use one application per person



Let's Party!

Rent the Schoharie Pool for parties & family gatherings!



Lifeguard provided - \$50 for a two hour block 5 - 7 p.m. on Saturdays & Sundays!

Call the Schoharie Village Office at 295-8500 / or the Pool (after June 29th) at 295-8163 to schedule!

Need Transportation?



WELCOME TO SCHOHARIE COUNTY PUBLIC TRANSPORTATION

Schoharie County Public Transit (SCPT) serves the many towns and Villages of Schoharie County. We are a public transportation provider with a fleet of fourteen (14) buses providing approximately 85,000 rides per year.

Our mission is to provide safe and reliable service that is both, accessible, and affordable to ALL the residents and visitors to Schoharie County.

SCPT offers transportation to and from the Villages of: Cobleskill, Middleburgh, Richmondville, and Schoharie.

Service is also provided throughout the towns of: Blenheim, Broome, Carlisle, Cobleskill, Coneville, Esperance, Fulton, Gilboa, Jefferson, Middleburgh, Richmondville, Schoharie, Seward, Sharon, Summit, and Wright.

For general questions, and inquiries please contact the

Schoharie County Transportation Department at: (518) 234-0952

http://schohariecountypublictransit.com

